

Top 10 Dreams

Start a dream journal. Begin by jotting down your Top 10 Dreams—things you wish to accomplish or do. Don't hold back! If you want to travel the world or run a marathon, write it down. Let your imagination run wild! As soon as you're done, share these dreams with someone and hang this list up in a place you will glance at daily.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____
