

People to Pray For

Jot down everyone you can think of to pray for. Then, each night before bedtime, read this list. As you say each name, think about that individual—picture their face, imagine their trials, and ask God to give them hope.

Immediate Family: Parents, Siblings, In-laws, and Step Family

Extended Family: Grandparents, Aunts, Uncles, and Cousins

Friends: Individuals, Groups, and Organizations

Others: Acquaintances, Co-workers, and Enemies

(Don't hesitate to pray for people you don't get along with!)

